



## Scripture

**Old Testament:** "With almsgiving, with mercy to the poor, for your fault and wrong-doing make amends; it may be God will condone your guilt." Dan 4:24b from the Breviary

**New Testament:** "The kind of religion which is without stain or fault in the sight of God our Father is this: to go to the help of orphans and widows in their distress and keep oneself untarnished by the world." Jas 1:27 from the Breviary.

## Catechism

"Charity is the power by which we, who have been loved first by God, can give ourselves to God so as to be united with Him and can accept our neighbour for God's sake as unconditionally and sincerely as we accept ourselves." YOUCAT #309

## Comment

As the Russian aggression against Ukraine continues, please consider the work of all agencies which alleviate the suffering caused by invasion and war. Solidarity is a key component of Catholic Social Teaching (CST) and should inform our response to issues of justice and peace.

## Organisation of the month

The Catholic Children's Society operates in London, Hertfordshire and the South East offering practical support to families and children, Catholic or non-Catholic. For example it provides practical support for Ukrainian refugees in the UK, such as help with heating.

Please consider visiting the website today for ways in which you can make a real difference.

## Pray, Think, Act

**Pray:** That God the Father, through His Son Jesus Christ, may, by the power of the Holy Spirit, inspire you to act with compassion.

**Think:** How many Ukrainian families do you know in your parishes, schools, neighbourhoods?

**Act:** Visit [www.cathchild.org.uk](http://www.cathchild.org.uk) for more information

*"Do as much as you can. God will do what we ourselves cannot do."  
St John Bosco, Letter to Cagliero, November 13, 1875*